**Education**

Bachelor of Science

Salisbury University, Salisbury, MD

Major: Physical Education Teacher Education; K-12 Certification

Health Education Certification: 5-12

* Overall GPA: 3.9/4.0
* Praxis 1, PE Praxis, Health Praxis

**Internship Experiences**

**Student Intern**: Easton Middle School, Easton, MD Sept 2010-May 2011

* Incorporated cross curricular activities into Sport Education Units
* Developed and implemented fitness logs
* Assessed and analyzed students cognitive knowledge and progress throughout each unit

**Student Intern:** Fruitland Primary School, Fruitland, MD Sept 2010-May 2011

* Incorporated a variety of technology in various lessons; Smart board, flip camera
* Created lessons that linked movement to what they were learning in the classrooms
* Used activities that enhanced critical thinking skills

**Relevant Employment Experience**

**PE and Health Teacher:** Colonel Richardson High School 2012- Present

* PE I, PE II, Health Education teacher

**Substitute:** North Caroline High School 2011-2012

* PE I & Adapted PE long-term substitute

**Camp Director:** Chesapeake College 2008- Present

* Coached and refereed children from ages 6-15 in various sports during the summer
* Experimented and taught the importance of creative and motivational warm ups/activities

**Professional Experiences**

* **Caroline County Public Schools** 2011-2012
* Wellness Policy Committee
* Problem Solving Team
* **Coach**
* Varsity Assistant Softball- CRHS 2013-Present
* Head Volleyball- Chesapeake Community College 2011-Present
* Varsity Assistant Softball- NCHS 2012
* **Member:** Physical Education Society, Phi Epsilon Kappa 2009-2011
* **Volunteer:**
  + North Caroline Volleyball Clinic 2012- Present
  + Relay for Life 2007-Present
  + Easton Middle School Volleyball Clinic 2011
  + Eastern Shore Senior games 2010
  + Youth Flag football coach 2007-2009
  + Colonel Richardson Middle School volleyball clinic 2007
  + March of Dimes 2005-2009

**Certifications and Accreditations**

* **Certified:** CPR and First Aid 2008-Present
* **Member:** Maryland Association for Health, Physical Education, Recreation and Dance, American Alliance for Health, Physical Education, Recreation, and Dance 2009-Present
* **Honors:** Phi Epsilon Kappa 2010-Present